

Suffolk County Council

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|--|---|--|-------------------------------------|
| | National Cycle Network on-road | | Pedestrian crossing |
| | National Cycle Network traffic-free | | National Cycle Network route number |
| | National Cycle Network temporary diversion | | Regional cycle route number |
| | On-road signed cycle route | | Local cycle route number |
| | Advisory cycle route | | Primary School |
| | Traffic-free cycle route | | Library |
| | Bridleway | | Train station |
| | Footpath (sections where you should walk your bike) | | One-way street |
| | On-road cycle & bus lanes | | Cycle parking |
| | Pedestrianised street | | Take care at these junctions |
| | Toucan crossing | | Cycle shop |



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Off-road route to Alton Water Reservoir 1.5 miles/2.5km



Ipswich

Cycle Route Map



Photograph by Jason Patient

Ipswich

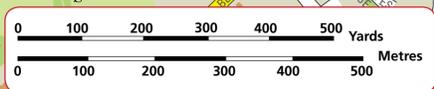
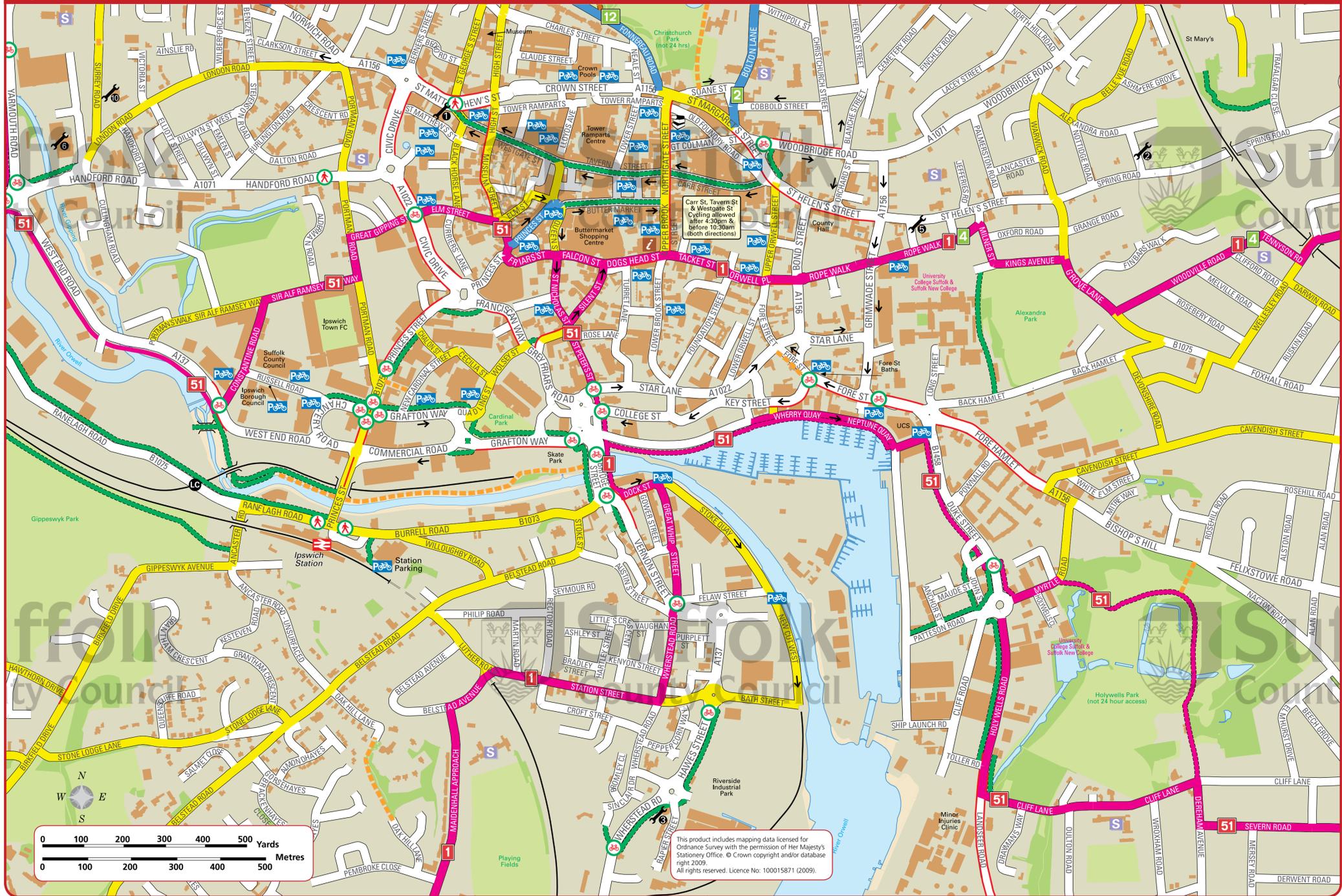
Cycle Route Map



The 3rd edition of this FREE 16 page colour magazine produced for Suffolk County Council by the Company of Cyclists is available from Ipswich Tourist Information Centre. It includes advice on choosing a bike, information on cycle routes in Suffolk, the benefits of cycling and cycle training and much more.



Ipswich town centre



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Welcome to a new look cycle route map for Ipswich



Photograph by Jason Patient

It seems that hardly a day goes by without reference to global warming and its associated problems. This subject is now high on the political agenda and as such Suffolk County Council believes that by encouraging cycling it is making a significant contribution to tackling this issue.



Half of all car journeys in the UK are under 5 miles long and, nationally, only 1.5% of all trips are made by bicycle. If nothing is done to tackle our transport behaviour then levels of pollution and congestion will rise and the nation's health as a whole will decline.

Cycling is a great way for almost everyone to keep fit and healthy and it's fun! Journeys under 5 miles are manageable by anyone of average fitness and should take about 30 minutes. Ipswich is quite a hilly town but if you use a modern bike this should not be a major concern. You can always get off and push if it's really necessary.

If you are interested in cycling more often, then we hope this new look cycle route map will be helpful. It will not only get you from A to B but inspire you to try new routes that you may not have been aware of.

N.B. It is almost impossible to keep publications like this one up-to-date, so if you do find an error or an omission please let the Cycling Officers at Suffolk County Council know by contacting them on:

Tel: 0845 6066067 or Email: customerservice@csduk.com

Bike shops

See main map for all cycle shops

- 1 Action Bikes**
9 St Matthews Street,
Ipswich IP1 3EL
Tel: 01473 257111
- 2 Bicycle Doctor & Hire Service**
18 Bartholomew Street,
Ipswich IP4 2RP
Mobile: 07887 788972
Tel: 01473 259853
- 3 Bikes Express Ltd**
Unit 22 Riverside Industrial Park,
Rapier Street,
Ipswich IP2 8JX
Tel: 01473 687788
- 4 Cyclife**
Moons Cycles,
418 Norwich Road,
Ipswich IP1 5DX
Tel: 01473 464611
- 5 Elmy Cycles**
86-88 St Helens Street,
Ipswich IP4 2LB
Tel: 01473 255247
- 6 Halfords**
Unit 4 Suffolk Retail Park,
London Road,
Ipswich IP1 2EJ
Tel: 01473 288880
- 7 Halfords**
Unit 3 Euro Retail Park,
26 The Sandlings,
Ipswich IP3 9SN
Tel: 01473 325470
- 8 Pedal Power**
28b Gloster Road,
Martlesham Heath,
Ipswich IP5 3RD
Tel: 01473 610500
- 9 Ranelagh Cycle Warehouse**
18-20 Hadleigh Road,
Ipswich IP2 0EB
Tel: 01473 250610
- 10 S.J. Cycles**
26 Surrey Road,
Ipswich IP1 2LE
Tel: 01473 211650
- 11 Thomas's Cycle Revolution**
621 Foxhall Road,
Ipswich IP3 8ND
Tel: 01473 712751



Key

- National Cycle Network on-road
- National Cycle Network traffic-free
- National Cycle Network temporary diversion
- On-road signed cycle route
- Advisory cycle route
- Traffic-free cycle route
- Bridleway
- Footpath (sections where you should walk your bike)
- On-road cycle & bus lanes
- Pedestrianised street
- Toucan crossing
- Pedestrian crossing
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- Primary School
- Library
- Train station
- One-way street
- Cycle parking
- Take care at these junctions
- Cycle shop

Common signs and symbols

- Common road signs and markings that you may come across when cycling through the town.
- No entry (For all vehicles including cycles)
 - Motor vehicles prohibited (cycles permitted)
 - Segregated route
 - Shared route for cyclists and pedestrians together
 - Route recommended for pedal cyclists (most often used in conjunction with advisory cycle lanes)
 - Cycle lane
 - No cycling
 - Route for use by pedal cycles only
 - With-flow cycle lane ahead

- Cycle route forming part of the National Cycle Network
 - Cycle route forming part of the local cycle network
 - Cycle lane, track or route
 - Direction arrow on cycle lane, track or route
 - End of cycle lane, track or route
- Advanced stop lines**
These are designed to improve safety and convenience for cyclists. When in the advanced position cyclists can be seen by motorists, thus reducing the chance of conflict as vehicles turn left.
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Useful contacts

- Ipswich Borough Council**
(Cycle Facility Maintenance)
Grafton House,
15-17 Russell Road,
Ipswich IP1 2DE
Tel: 01473 432000
Email: enquiry@ipswich.gov.uk
- Suffolk County Council Cycling Officers**
(Producers of this map)
Environment and Transport Department
Endeavour House,
8 Russell Road,
Ipswich IP1 2BX
Tel: 0845 6066067
www.suffolkcc.gov.uk
Email: customerservice@csduk.com
- Cycle Ipswich**
(Local cyclists promoting cycling in Ipswich)
www.cycle-ipswich.org.uk
Email: cycling@googlegroups.com
- Cyclists Touring Club (CTC)**
(The UK's National Cyclists' Organisation)
CTC National Office
Parklands, Railton Road,
Guildford, Surrey GU2 9JX
Tel: 0870 873 0060
Email: cycling@ctc.org.uk
- CTC Local (Suffolk) Group**
Keith Halton:
44 Salehurst Road,
Ipswich IP3 8SD
Tel: 01473 716771
Email: ctc.suffolk@btinternet.com
- Sustrans**
(The UK's leading sustainable transport charity)
Head Office
National Cycle Network Centre,
2 Cathedral Square,
College Green,
Bristol BS1 5DD
Tel: 0117 926 8893
- Ipswich Tourist Information Centre**
St Stephen's Church
St Stephen's Church Lane,
Ipswich IP1 1DP
Tel: 01473 258070
Email: tourist@ipswich.gov.uk

